



Activate Your Divine Intuition ***6 Simple Ways to Activate Your 6th Sense***

Well, Hello, Intuition!

Many heart-centered entrepreneurs find themselves dealing with overwhelm about what steps to take next. They wonder how much to charge, how to get clients, how to share their gifts to the world, and how to grow their businesses. They wonder which mentor to study under, which training to take, and where they should invest their money.

Many times, they are even guided to take certain actions in their business, but fear stops them: fear of spending too much money (and not getting a good value), fear of making the wrong choices, fear of spending too much time doing the wrong thing.





If this sounds like you – even just a little bit – then you are definitely in the right place. Here’s why: *when you activate your intuition, when you trust your intuition, and when you take action on the guidance you have been given, then your business – and your life – **transforms!***

After all, you probably got into business because you have a passion for the work you do. And most likely, you feel as though you must bring your gifts to the world. You know that your gifts are your unique expression and that through them others are transformed.

I know this because I, too, feel this way.

But actually, who the heck am I and why should you listen to me? (read on...)





My Story

Over twenty years ago, I began my own entrepreneurial journey. Until this time, I had worked at a very large, corporate law firm in Washington, D.C. for over 10 years, and loved it.

However, when my daughter was born, I was very clear: I wanted to be home with her.

I studied photography, a love of mine, at the Corcoran School of Art in D.C., and decided to start a photography business. I specialized in photographing children and their families in black & white film, which I then developed in my home darkroom. I loved it. The greatest part was that my daughter was little and I got to be home with her.

At that time, I didn't know *anything* about marketing, and I certainly didn't understand it. I just knew I disliked it. Still, people found out about me through





word of mouth and from photos that were published in magazines, so I didn't have to market terribly hard.

By 1995, I had gone through a divorce and then remarried. Life seemed to be pretty good. I finally decided to go back to school, because I wanted to get my college degree. However, in 2000, my life fell apart.

The Horror

I'm going to share something very personal here – so, if you get triggered (or find yourself upset) about what I'm sharing, I invite you to tap on your collarbone point, which is just below where your two collarbones come together. (I'll explain the concept of tapping on points soon, when I get to EFT.) For now, however, just tap there as I share this if you are triggered.





You will understand as you read this why I am so passionate about using intuition, and how I came to believe that each and every one of us has intuitive abilities.

In July of 2000, my daughter (who was 13 at the time) revealed that her step-father (who is now my ex-husband), was molesting her. For months, I had felt something was wrong in our home, but I didn't know what it was. Now I know that my intuition was screaming at me. But at that time, I barely knew what intuition was. I just knew that something felt wrong ... terribly wrong.

At the time, we were in counseling regarding some other unhealthy behaviors that were occurring in our home, and when my daughter told our counselor what had been happening to her, the counselor and I completely believed her. You see, in the same way I had known that something was awfully wrong in our home for all those months, I knew she was telling the truth.





When she told, the police were brought into the case and my soon-to-be ex immediately moved out of the house. I did everything I could to protect my precious daughter.

Then, in December of 2000, just six months later, it was discovered that he had a massive brain tumor which had caused his deviant sexual behavior. For me, at that point, while I was relieved to learn that I *hadn't* actually married a pedophile, I was too angry to really care why he had harmed my daughter. It took me several years to finally forgive him for this huge betrayal of trust. (On his end, he felt it was not a betrayal at all, but rather a physiological malfunction.)

During this nightmare, our therapist said the following to me, which stayed with me and which changed the course of my life. She said, “*Your intuition saved your daughter’s life.*”





When she said this, I wondered what the heck she was talking about. I was intrigued, but at that time, I was far more concerned with how to survive the trauma, and how to keep money coming in to pay for food, the mortgage, etc.

It wasn't until later that I began understand how powerful intuition is, and I began to explore what it is and how it can help you.

From July 2000 to December 2002, two and a half years, I walked around angry, hurt, betrayed, ashamed, guilty, and not sure of what to do next. I felt like my guts were hanging out for everyone to see.

It was a very sacred – and very dark – night of the soul.

During this time, I looked for many ways to heal the incredible emotional pain that I was in.





The Healing

During this two and a half year period, I was introduced to Reiki from a healer who was helping me through this difficult time.



I loved her gentle nature and her amazing work and felt inspired to study Reiki, so I became a Reiki Master. Reiki helped me to learn how to connect to universal healing energy and to allow it to flow through me. I learned what it felt like to have energy move through my hands and my body.





When Reiki didn't fully heal me (to the point where I didn't continue to get triggered), I became a Master Alignment practitioner. Master Alignment taught me to read other people's energies, to see their pasts written on their energy bodies, and to understand how those experiences affected their lives today.

But still I did not heal.

I then became a Certified Hypnotherapist, which taught me how the subconscious works. I even studied past life regression and found it fascinating. But again, no complete healing.





In 2001, after reading “*The Lightworker’s Way*,” by Doreen Virtue, Ph.D., I knew I had to learn more about intuition and angels. I became an Angel Therapy Practitioner, certified by Doreen.

This training taught me to connect with the angelic realm, as well as other unseen realms, and it taught me to begin to recognize and to *trust* the messages I was receiving from the Divine.

It was in here that I began to understand how intuitive I was – how intuitive we all are, actually.





I journaled daily. I prayed all the time. And I even *created a garden* that helped me understand plants and their energies. This gave me an area of tangible physical beauty, which was very healing.



Unfortunately, I still got terribly triggered. I think I cried more tears during those 2 ½ years than I ever have in my entire life!

The Transition to Healing



A colleague of mine told me about EFT (the Emotional Freedom Technique). EFT is a simple, easy-to-use acupressure technique that helps you heal emotional issues like traumas.





It also helps you reduce physical pain *and* it helps you change limiting beliefs. Basically, to do EFT, you would tap with your fingers on certain acupressure points, like the collarbone point I mentioned earlier.

I decided to train in EFT. I was in so much pain still that I was desperate to see if maybe this therapy would work. In one day – *one day, seriously!* – the pain

I had been carrying was released. I couldn't believe it. It was truly like being reborn!

I then began to use EFT with my hypnosis clients, and they had incredible shifts in their perceptions about things. Where they had felt powerless, they began to feel powerful again. Where they had been in emotional pain, they discovered a freedom from their pain.





EFT lived up to its name. I was truly free for the first time in over two and a half years.

Epilogue

For the next several years, I continued with my practice as a healer specializing in releasing trauma, using all of my trainings. I built a lovely, thriving practice in Charlottesville, Virginia, and enjoyed a delightful time, made all the sweeter because of what I had been through.

I met and married a wonderful new man, and my daughter grew up. She went off to college.





My husband and I then moved to Florida and, once there, I finally entered the seminary, which I had felt called to do for a number of years.

Once ordained, I knew it was time to start my practice again. Because leaving Charlottesville had been difficult for me for I loved it so dearly, I knew this time I was to

build my practice online. After pulling up the roots to move, I wanted to be able to live wherever I chose but without ever having to start my practice all over again.

For me, creating my business online has been perfect. And even better, combining my two loves – teaching spiritual entrepreneurs to connect to their own intuition and to build their businesses – has been even more perfect!





My Daughter's Epilogue

Christina has grown to become an amazing young woman. She has done a ton of healing from her experience and is very vocal about speaking up not only for herself, but also for anyone for whom she feels compassion.

In 2005, we were interviewed by CNN's Nightline in 2005. She shared her incredible wisdom with the world when she said that her biggest advice for anyone in her situation would be to tell someone, no matter how scary or how difficult. Just tell.

Then in 2006, when we were interviewed by the BBC for a documentary of this story ("Sex on the Brain"), she publicly shared that she forgave her former step-father for his actions.

Here is a photo that the production team took of Christina and me after that interview.





As a result of this experience, she is stronger, and much clearer about her boundaries. She speaks her truth and isn't afraid to do so. She is smart and funny, and she is sensitive and beautiful, and I'm incredibly proud of her for who she has chosen to be. She's not a victim, but a victor in this situation. She chose to speak up, which was incredibly hard for her. I know she's really, really glad she did. And I am unbelievably glad she did.



She graduated from college, Magna Cum Lauda, and then went on to marry her college sweetheart.

She is happily creating her life now.





So, Who is Intuitive?



Basically ... well, everyone. Seriously. Intuition is a God-given gift to each one of us.

And why is everyone intuitive? Because we are all connected to the Divine. We are all connected to the pure essence of Love itself. No one is exempted from this gift. We all have it.

Here's the caveat, however: most of us have closed down our intuition, have minimized it, or dismissed it so often that we don't recognize when we experience intuitive hits.





*Your intuition is your connection to the Divine.
Treat it like the gift that it is.*

Here is a perfect example of how intuition showed up for one of my clients, who didn't recognize it.

This particular client felt very challenged when it came to trusting herself. She had a real challenge being present to the conversations and thoughts that were happening in her head.

As we tapped (using EFT) on what was happening in her life and in her business, I could see she was getting answers from her intuition immediately. She was very intuitive. But she couldn't get quiet long enough *in her own mind* to hear them. She was so used to dismissing her intuition.





It went something like this: *“I don’t have anyone I can talk to about this.”*

I heard, intuitively, in my own head, *“Talk to your friends.”* I waited.

Her next response was *“I can’t talk to my friends because I don’t want to burden them.”*

Then she said, *“I don’t know who could help me with this burden.”*

I heard, again intuitively, *“Ask your children to help.”*

Again, I waited.

The next thing out of her mouth was the answer to her own problem – and her dismissal of that answer: *“I can’t ask my children because they are too busy.”*





You see, she was getting the answers to her problems, but was so busy – and so accustomed to – arguing with her answers as soon as they came that she couldn't hear her own intuitive hits.

This is not uncommon, by the way. As we continued to work together over the next several months, her resistance to her own guidance lessened, and she began to see – and listen to – the wisdom that she was receiving.

Sixth-sensory people (or intuitives) know they are connected, and *they take the time to check in with their connection* on a regular basis.

Five-sensory people, those who do not access, or trust, their intuition, find themselves far more disconnected from life, from other people and from their own inner wisdom.





Here's a quick breakdown of five-sensory vs. six-sensory people and how they experience life:

Five-Sensory Feelings

Anxious
Aggressive
Fearful
Worried
Heavy vibration/energy
Unworthy
Unloved
Rigid
Closed
Repelling
Complaining
Victim
Resisting

Six-Sensory Feelings

Peaceful
Calm
Trusting
Safe
Light vibration/energy
Deserving
Beloved
Flexible
Open
Welcoming
Joyful
Victor
Allowing





Everyone is intuitive. But not everyone pays attention to or trusts their intuitive guidance. Unfortunately, when you don't pay attention, the chances are very high that you will experience anxiety, fear and overwhelm.

When you recognize how your intuition speaks to you, you let go of your fears that life won't give you what you need and that it doesn't support you. This is because you know that your intuition is there for you, that it will guide you, and that *it is ready to give you exactly what you need in the moment you need it.*

It is up to you
to ask for - and pay attention to -
Your Divine Guidance.





What is intuition?

Intuition is how your connection to the Divine communicates with you.

It is how your connection to the Divine energies - the bigger, broader, and more expansive energies - feels. It is the way in which this incredible, powerful, and amazing creative force speaks to you (and to me and to all of us).

You could simply say:

*Your intuition is the way in which
the Divine speaks to you.*

We are all intuitive, but we receive it in different ways. Some of us receive it through our inner hearing (**clairaudient**), some through our inner vision





(**clairvoyant**), some through our bodies or feeling (**clairsentient**), and some through our ability to just know (**claircognizant**).

Recognizing *how* we receive information is a wonderful process in and of itself, and while we aren't going to go into that in this ebook (it is too big a subject), suffice it to say that when you get clear about the myriad ways in which your intuition speaks to you, you are then able to recognize when you are receiving an intuitive “hit” or an intuitive nudge from the Divine, or from your higher self.

You are intuitive. And chances are you are already receiving many, many intuitive nudges each and every day. So, it's time to listen up and begin to trust those nudges.

Ok, so let's get to it. Here are six steps you can take right now to activate your intuition!





Step 1. Get Physical, Get Intuitive



One of the best ways I know to access my intuition is to get physical. (And no, this doesn't mean run a marathon, because if it did, I'd be in big trouble!) But it does mean to do something as simple as take a walk for at least 10 minutes.

Here's why: when you are physically active (even a little bit), you are more present. You are actually in your body instead of in your head. You get out of your head, and get present to this moment, right here, right now.





You see, *that is where your connection to the Divine is: this moment, right here, right now.* It isn't in your head. It is in your being present to what this moment is offering you right now.

When you are clear in your connection with the Divine, then you are clear about your connection to your intuition. Your intuition *is* your connection.

So, if you can begin to get physical – even just a little bit – you will begin to activate your intuition in a much bigger way.

Ten minutes of doing something physical each day makes a big difference. And if you can do more, so much the better!





Here are some questions to ask yourself to help you get started:

- 1) *What physical activities do I love doing?* (For example, I myself love walking and swimming, horseback riding and roller skating.)

- 2) *How often can I do something physical and how much time am I willing to commit to doing to doing something physical?* (See if you can commit to doing something at least 3-4 times per week, and ideally, once each day, for at least 15 minutes.)





3) *Do I have the equipment to do what I love to do?*

If not, by when can I get it? (For example, since I love to swim, this requires access to a pool, goggles, a swim cap, a swim suit and earplugs.



In order to horseback ride, I'd obviously have to have access to a horse, a saddle, bridle and a place to ride, along with some comfortable clothing and appropriate shoes or boots, right?)



Commit to getting the equipment you need, if you need some.

Mark on your calendar right now the date by when you are going to begin. And then just do it!

Your intuition – and your future – need you to do this!





Step 2. Get Happy, Get Intuitive



Get happy. Seriously. Laughter, playfulness, R&R (rest & relaxation), having fun ... they all lend themselves to accessing our intuition.

Here's why: when you are in a playful, happy place you are in a vibration (or energy, or feeling place) of expansiveness. As you expand with the feeling of joy, your experience and perception of your life and what is possible becomes larger. Your life – and your business - will expand, as well.

And happiness is a higher vibration of energy than unhappiness. Here's a little exercise you can do, if you aren't sure about this statement.





1) Think of something that makes you sad.

For example, think of a beautiful animal that has been hit by a car, lying by the side of the road. Notice how your body feels when you think of this. Does it get heavy? Does it get tight? Do you feel more tired? Do you feel a tension anywhere? Just notice it; be aware of how a sad thought makes you feel, emotionally and in your body.

2) Now think of something that makes you happy.

For example, think of a beautiful bouquet of roses in your favorite color. Expand that to having this beautiful bouquet delivered to you in a gorgeous gift box with a card that says ***“I love you. You mean the world to me.”***





Notice how your body feels when you think of this. Does it feel lighter? Do you feel more expansive, more filled with possibility? Do you have more hope, more joy, more life? Just notice how it makes you feel to think of something happy.

3) Now do it again, but this time with some image or memory you really connect with.

Again, notice the difference in your body and in your thoughts. Notice how your thoughts affect your body. Notice how your thoughts affect your feelings. That is the point.

That is what I mean by happiness is a higher vibration of energy than unhappiness. Your own body tells you this. Your feelings tell you. You just have to pay attention.





So, here's the thing: when you get happy (even for a little bit), you are more able to access your intuition.

***Happiness activates
your intuitive abilities.***

If you want to choose feeling happier on a regular basis, here are some questions you can ask yourself to help get there:

- 1) *What activities make me happy when I do them?* List at least 10 of them.
(*Here's a hint:* they don't have to be big, extraordinary things. Petting my cat for a few minutes makes me happy.)





2) *Which 5 am I willing to commit to doing every day?* List them.



3) *How often do I play and laugh?* It's time to lighten up and laugh more. It does your body good, and it does your spirit good!





4) *Am I willing to play – and laugh – a little more every day?*

Ask yourself: What do I need to do to laugh and play more?

5) *How can I integrate happy, fun things into my daily life?* Will you add at least one thing per day?





Step 3. Get Organized, Get Intuitive



Think about it. Getting organized means you have clarity all around you. You can find things. You know where they are. Your space looks clean and orderly. You feel better. It just makes sense, right?

Organizing your world helps you to create your business in a much more effective way than you can if you are searching through things trying to find them every time you want something.

It frees you up energetically. It frees up your time. And it frees up your brain space, or your mental capacity for not only doing the work your business





needs you to do, but also for creating the new services and products you need to create.

When you are more organized, you have the openness to allow the new ideas to flow in, because you don't have all of the clutter around. This does not mean, of course, that you have to be rigid in your organization. Not at all. And of course, we all know people who are incredibly creative (and quite intuitive) who are also total slobs. ☺

What I am talking about here is your ability to receive intuitive information more easily when you organize your space. Now here's the extra value in this: when you are organized, you are able to get more done. You are able to bring the intuitive guidance you are being given into action or manifestation.

Why? Because when you are organized, you aren't spending time looking for things, bogged down in energy that is cluttered and blocked, and because you are





able to direct your energies into actual products and services that you can market to your people.

Here's how to get started:

- 1) Select one area to organize – a closet, a drawer, your desk top, and *go do it*.

Notice how you feel before you organize, and pay attention to how you feel (in your body) afterward.



- 2) After you organize one area, select another one. See if you can *commit to one area per week* to organize, and then keep it cleared. Include files, countertops, clothing, shoes, a book shelf, your client list, business cards, and so on. *You will begin to notice that your outer world is aligning with*





your inner world. You will begin to notice that your ability to hear the quiet whispers of your soul has increased as you create more order around you.

By the way, you can do this exercise all over again for another organizational project, and before you know it, all of those things you simply had to do right here, right now have become finished projects or have “miraculously” gotten handled in some other way!

It’s amazing what happens when we allow the Divine into our lives to support us, isn’t it?





Step 4. Get Grounded, Get Intuitive



This step is similar to Step 1 (Get Physical), but it's more about how you feel emotionally as opposed to physically.

When you are not grounded, you are “in your head” and as the tension builds, you begin to become anxious and frustrated, annoyed and

cranky, and then you start bitching and complaining to anyone who will listen.

When you're *really* ungrounded, you become angry and even have panic attacks.





Being able to recognize when you're becoming ungrounded is a wonderful thing because when you realize that you're going down that road, you can change your behavior. Really, who wants to be bitchy?

If you can get present to this moment, right here, right now, and get out of your head and back into your body, you will be able to completely change your experience of your day (not to mention everyone else's experience of you!).

Grounding anchors you in the present moment of now.

It connects you with your intuition.





Ok, so how do you do this?

1) **Get your feet on the ground.** Go get in nature. Seriously. One of the best ways I know to get grounded right now is to go outside and put my feet on the ground. If I can do it barefoot (which I almost always can because of where I live), then so much the better! Go, step outside and just get present to the beautiful – and very much alive – world around you.

And what can you do if you live in the frozen arctic and you can't put your bare feet on the ground without freezing them off? Well, I'm so glad you asked...

2) **Figure out a way to get physical.** Sing, dance, use movement, do something physical. Go for a short walk (as long as you're not in the arctic ☺). Just 10 minutes will change everything.





By the way, if you have a bad habit of being in your head – of being ungrounded – then you will need to do this several times a day. Yes, really. This one little tool will change how you experience your life.) Commit to giving yourself regular “*Get Physical*” breaks.

3) **Breathe.** Consciously breathe. Take 5-10 deep breaths in and out. (Ok, don’t give yourself a hyperventilation by breathing too much too soon, but you know what I mean. Just breathe.) This will help you get present again to this moment, right here, right now, particularly if you close your eyes and focus on your breath.





4) Get some sort of body work done.

Massage, chiropractic, reflexology, facials, rolfing, acupuncture, *tapping* (EFT) or other acupressure methods, cranio-sacral therapy, and so on, all help you ground yourself in your



body. These different therapies all help you flow your subtle energy body more effectively and more thoroughly.

My cousin, who lives in Colorado (the middle part of the USA), goes to a therapist who does a salt bath for feet.





Because I live near the ocean, I just go for a walk on the beach.

They both work. 😊



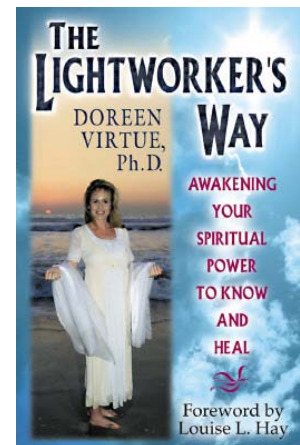


Step 5. Get Clear, Get Intuitive

Confusion = well ... confusion.

Here's the bottom line: you were drawn to this ebook. Trust that. You were being guided by the Divine to my website, to the kit and *you followed your intuition*. Congratulations!

I remember when I felt guided to take Doreen Virtue's Angel Therapy Practitioner (ATP) training in 2001. I had just finished reading "*The Lightworker's Way*," and was moved by her story. I *knew* I needed to learn more from her.



I researched the ATP training on the internet, and learned the next one was in Miami, Florida, in about six weeks. The cost was \$1,500 for the week of training.

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I had no idea how I was going to come up with the money, and yet I *knew* I was supposed to be in that class. I just knew I had to be there.

St that point in time, I was in the middle of my “Trauma Drama.” I had very little money, and was going to school. Yet, there was no question in my mind that I needed to be in Miami for that training. I had great clarity.

What I did have, however, was a car. One that I had been trying to sell for two years. I decided to use what I learned in her book, and to ask the angels for help in selling the car. I told them I wanted to go to the training, and I needed their help.

Within two weeks the car was sold and I had enough money to not only take the training and to pay for the travel expenses, but also some extra to put into my checking account for future needs.





What I got from that class was ... *my life*. I learned about the distinctions of how I received my intuitive hits, and I then went on to trusting my intuition over and over and over again. It has never steered me wrong. Ever.

That is the power of being clear and it is the power of knowing how you receive intuitive hits, and then trusting those intuitive hits enough to take action upon them. When we are clear, the Universe has no issue delivering what we've asked for. It is always our job to get clear. Always.





Step 6. Get Kind, Get Intuitive

Kind thoughts = kind words.

Kind words = kind deeds.

Kind deeds = a kind actions

Kind actions = a kind life.

When we are kind to ourselves, the world is kind to us. Simple enough, right? And, I'm sure you've heard the phrase, "*Laugh and the world laughs with you; cry and you cry alone.*"





Bottom line: *we get back what we put out.* (And I'm not the first wise one to say this, you know.) ☺ Jesus said it 2,000 years ago when he laid down the Golden Rule, "*Do unto others as you would have them do unto you.*" Recently, Abraham-Hicks talked about it in their Law of Attraction teachings.

When you're happy, you see a happy world around you, because the world responds in kind. And when you're unhappy, well, it also responds in kind. You'll be unhappy alone. (Kind of bites, doesn't it?)

Many of us, however, weren't brought up to think kind words to ourselves, or to say kind things to others. Even in American society today, many comedy television shows are very acerbic – the comments are very barbed slings at one another. Funny? Sometimes. But more often, not really.





My mother said to me as I grew up, *“If you can’t say something nice, don’t say anything at all.”* And I was blessed to have a mom who actually walked her talk. I do think that she is the exception rather than the rule, however.

So, if you weren’t raised to be kind to yourself or to be kind to others, then how do you learn to do this? And do it consistently? And why would you?

Here’s why:

The kinder you are to yourself, the faster you will experience joy.

The faster you experience joy, the faster you will experience...

love, creativity, clarity, abundance,

and ... yep, you guessed it: intuition.





Our world is based upon the energy of attraction. What you put out to the world, you get back. *So your job is to get very, very clear and very, very committed to putting out good juju (or good energy, or happy thoughts).*

One of the ways I know to change the way you think is to use affirmations. Affirmations are statement that reflect who, what and where you *want* to be, not who you know yourself to be right now.

For example, if you want to be more loving, then an affirmation you might use would be something like this: *“I choose to be loving in all situations.”* Now, just saying it doesn’t make it so, right? No, of course not.





But, what it does do is to begin to turn you in the direction of what you want, and as you state your intention to the Divine (or the Universe, if you like that word better) that you intend to create that for yourself, you begin to actually do that.

Continuing with the above example, once you begin standing in your intention to create yourself to be more loving, you will discover that there are situations that will occur that will show you where you are not choosing to be loving toward yourself or others. That's ok. Just continue to state your affirmation – to declare your intention to yourself and to the Universe that you intend to be loving in all situations. Over time, you actually *will* begin to choose to be loving in all situations.

In addition, here are some exercises to help you get started.





1) **Make a list of 5 affirmations you can create for yourself.** Make them short and sweet, if you can, because then you will be able to remember them more easily.

2) **Select the one that is the strongest for you and write it down on four 3” x 5” cards.** Put the cards where you can see them on an ongoing basis.



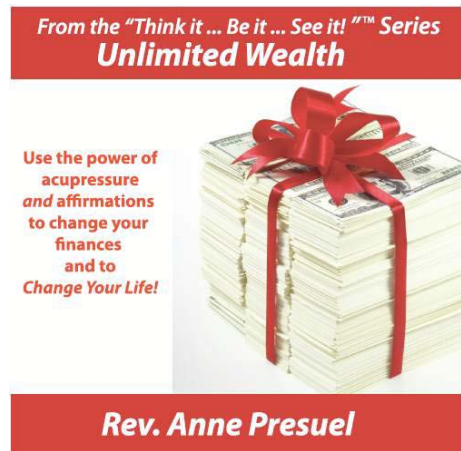
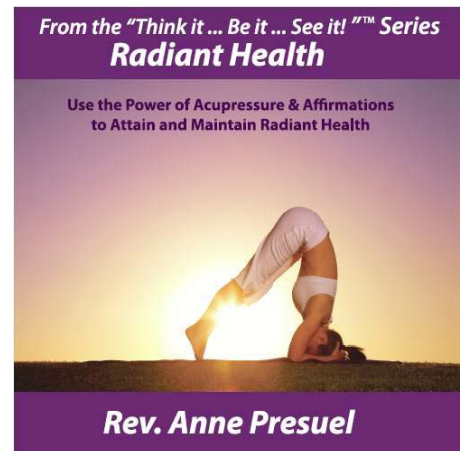


3) **Read the affirmation daily – multiple times a day.** Say it frequently, particularly when you are focused on what it is you want to create.

By the way, if writing affirmations is difficult for you, I've made it easier. I have written and recorded some beautiful affirmations that you can listen to as you drive around in your car, as you go to sleep, as you walk, or as you do housework.

If you are interested in learning more about how you can get a copy of my recorded affirmations, please go to the following link:

<http://DivinelyIntuitiveBusiness.com/products>





The directions will guide you on how you can get your copy of these wonderful recordings!

Affirmations have changed my life. From the time I first discovered this very powerful tool over 25 years ago to today, I have used affirmations consciously – and unconsciously – to create my life. I love using them.

The Bible states that *“In the beginning was the word, and the word was with God, and the word **was** God.”* This is an incredible testament to the power of our spoken word.





Being kind to yourself and others in your thoughts, words and deeds will change your life. And, using affirmations to help you activate your intuition will help you immensely.

Here are two intuitive affirmations to get you started:

I am very intuitive!

I always trust my intuition!





Conclusion

When you begin to adopt these six behaviors above, you will begin to notice that your awareness of your intuition will increase. If you are already intuitive, these behaviors will take you to the next level. If you are just beginning to learn about your intuition, then they will help you get ready to understand just how powerful you are, and how profoundly different your life will be once you really connect to, listen to, and trust your intuition.

For the Spiritual Entrepreneur (coaches, healers, ministers, holistic practitioners, energy therapists, etc.): your intuition is an incredible tool to use in your business. With it, you can make decisions far more easily, and you can trust that the decisions you are making are the right ones for you at that point in time. This allows you to let go of second guessing, and to step into action.





Most entrepreneurs who do not trust or listen to their intuition have one of the following two challenges: either they stay frozen by not taking sufficient action to move their businesses forward or they take too much action that is uninspired which results in a crazy, frenetic style of running their businesses.

Developing your intuitive abilities will help you know exactly which actions to take and when, and it will help you trust the actions you do take. This will allow you to feel confident in yourself and in your business-building, which will go far in supporting you.

If you discover you want more support, and would like to connect with me to discuss your business, please go to:

<http://divinelyintuitivebusiness.com/ignite-session>





and schedule a time with me. (It's a complimentary session, in case you're wondering.)

Together we will:

- Identify how to get the clients you want,
- Identify 3 things that are stopping you from confidently move forward, and
- Uncover 3 simple steps or strategies you can take next to support you in building your business, getting more clients, and making more money.

Doing this one thing could completely change the direction of your business.

Thank you for taking the time with me today, for reading this ebook, and for moving more fully into your connection with the Divine and your intuitive abilities.





Your business will always be grateful; your clients will be grateful, and your life, business and bank account will transform because of it!

Divine hugs to you,

Anne

Rev. Anne Presuel
Your 6th Sense Guide to a 6-Figure Business
<http://DivinelyIntuitiveBusiness.com>



Now go get your Divine ON!

